

## DAGA LA TREK

**Dates:** October 30- November 3 (flying out on Nov 4)

**Trek Duration:** 5 days

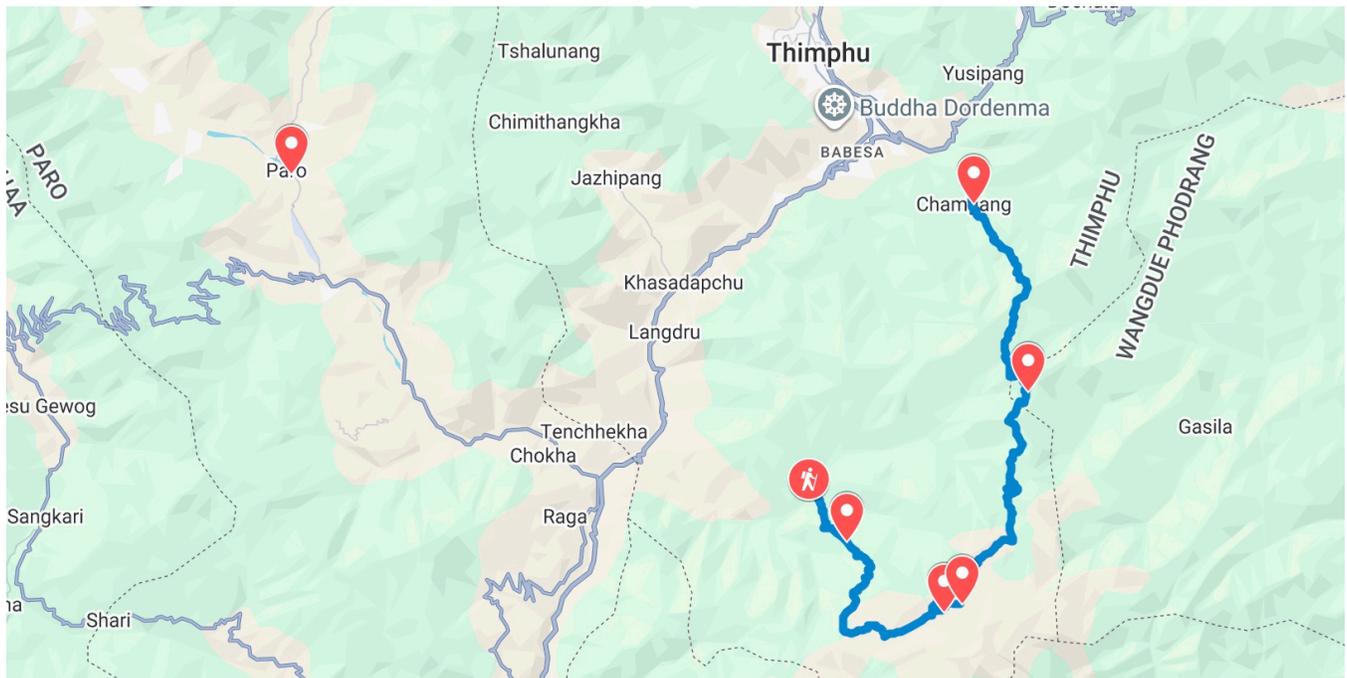
**Cost:** \$2660.00

Embark on an unforgettable journey to the heart of Bhutan's stunning wilderness. Immerse yourself in the beauty of pristine crystal clear lakes, surrounded by the majestic Himalayan mountain range. This trek will not only challenge you with its somewhat strenuous trail, but it will reward you with breathtaking views and unforgettable experiences.

Take a break from the hustle and bustle of daily life and immerse yourself in the tranquility of Bhutan's natural landscape. With an entire day dedicated to visiting the most picturesque lakes, you'll be able to soak in the beauty and recharge your batteries. You'll also have the chance to get a glimpse of traditional Bhutanese village life as you trek through several villages and experience the beauty and serenity of Bhutan's lakes and mountains.

### Highlights

- Admire the beauty of pristine crystal clear lakes surrounded by the Himalayan mountain range.
- Immerse yourself in the tranquility of Bhutan's natural landscape and take a break from daily life.
- Discover traditional Bhutanese village life and gain insight into their culture and way of life.
- Challenge yourself with a somewhat strenuous trek and be rewarded with breathtaking views and unforgettable experiences.



### **DAY 01, October 30 | Gynekha – Gur**

Beautiful Gynekha village is where the walk begins, and from there you'll make a quick drop to the river. After fording the river, you'll begin ascending to a massive rock outcrop from where you'll enjoy a breathtaking perspective of the valley below. Two hours later, you'll arrive at Gur, a yak pasture just off the main path.

- Walking Distance: 7Km (4.2 miles)
- Walking Time: 5 hours
- Ascent: Ascent 550 m (1,804 ft.), descent 210 m (689 ft.)
- Camp Altitude: 3,290 m (10,794 ft.)

### **DAY 02, October 31 | Gur - Labatama**

The trail crosses high slopes on the second day, revealing the rough beauty of your surroundings and mountain plants. Wildflower and asparagus meadows line the walk (in spring). The first mountain pass has a massive cairn and offers a stunning view of Kanchenjunga (Sikkim) and several Bhutanese Himalayan peaks. The Dagala mountain range, meadows, and yak herder huts will be visible as you descend the pass. After descending into the Labatama valley, you climb steadily past several yak herder huts to Uthso Tsho. Lakeside campground.

- Walking Distance: 12Km (7.2 miles)
- Walking Time: 5 hours
- Ascent: 1,220 m (4,003 ft.), descent 110 m (361 ft.)
- Camp Altitude: 4,300 m (14,108 ft.)

### **DAY 03, November 1 | Labatama Rest Day**

Labatama will be our retreat today. It's perfect for visiting Reli Tsho, Hen Tsho, or Jama Tsho lakes. Trout fishing is good for hikers.

### **DAY 04, November 2 | Labatama - Panka**

Dala Tsho's western flank is climbed to a saddle at 4,520m (14,829 ft.). Throughout the descent, you'll enjoy a great view of the Himalayas. Everest (Nepal), Kanchenjunga (Sikkim), Jomolhari, Jichu Drake, Tshering Gang, Khangbum, Masang Gang, Tsende Gang, and Gangche Ta are visible. A 4,720m (15,486 ft.) mountain near the saddle offers a fantastic view. The path descends via yak herder homes to Doccha Chhu from the saddle. You follow the river for a while but stay higher on the slope to reach Panka, ascending and descending.

- Walking Distance: 8Km (4.8 miles)
- Walking Time: 6-7 hours
- Ascent 260 m (853 ft.), descent 520 m (1,706 ft.)
- Camp Altitude: 4,000 m (13,123 ft.)

### **DAY 05, November 3 | Panka to Talakha to Chamgang**

Start early today. Today, we traverse numerous magnificent passes. Find mountain birds and Blue Poppy variations (June–July). After Tala La (4180m / 13,713 ft.), you descend to Talakha Monastery. Walk through apple orchards and varied vegetation. You'll reach Chamgang's major motorable road (2640m / 8,661 ft.) and meet your vehicle to Paro. Paro hotel overnight.

- Walking distance: 14Km (8.4 miles)
- Walking Time: 8 hours
- Ascent: 180 m (591 ft.)

**DAY 06, November 4 | Depart Bhutan**